

## **Letter from the Scottish Health Research Register and Biobank**

During these unprecedented times, the need for health research is crucial if we are going to develop new treatments for disease such as dementia, heart disease and cancer. **Please help save lives and join SHARE, The Scottish Health Research Register & Biobank.** SHARE is an NHS Research Scotland initiative, supported by the Universities in Scotland and the Chief Scientist Office in the Scottish Government.

SHARE is a register of volunteers (11+ yrs) who are interested in research for improving healthcare. We aim to help people find health research projects which are relevant to them. There is no obligation for anyone to participate in projects and you can withdraw at any time.

**I would like to ask if you might be willing to help promote this initiative with your colleagues, friends and family by sharing this email.**

SHARE has recently assisted projects investigating alopecia, arthritis, epilepsy, Covid-19, dementia, cancer and mental health issues. We currently have over 293,000 volunteers but to support projects appropriately, we need to have a wholly inclusive register of volunteers which mirrors the diversity of Scotland's population.

Here's how anyone who signs up to SHARE can help:

1. You can agree to be contacted for research projects which you may be suitable for. These projects can take different forms e.g. completing surveys, helping to write guidelines or testing new medical devices or medicines.
2. You can agree for any leftover blood from routine clinical tests, to be stored and used in genetic research projects.

**Please sign up to SHARE today.** For more information or to register, please scan the QR code below or search [www.registerforshare.org](http://www.registerforshare.org)