

Adult Protection

for people self-isolating



We want to make sure **vulnerable people are safe** when they are self-isolating. Here are things to think about if you are offered, or need support during this time.

Try to use **existing and trusted community groups**. If not, could a **family** member, **friend** or **neighbour** who you know and trust help?



Not sure? Don't answer the door.

If you're not sure about an offer of help, ask the person to leave details. Talk to someone you trust about it.

Call the **Adult Protection Phone Line** on **01383 602200**.

if you need support or you feel unsafe.

In an emergency, call **999**.



If you are worried about a child, call 03451 551503.